

IU RICHARD M. FAIRBANKS SCHOOL OF PUBLIC HEALTH at IUPUI
Spring 2017
3- credit hours

COURSE TITLE: Health Systems Around the World: Healthcare in Swaziland

COURSE NUMBER: PBHL-P450 or PBHL-H670

LOCATION: Fairbanks School of Public Health
Swaziland

DATES: Pre-trip meeting (date TBD)
Travel May 27-June 16, 2016

FACULTY: Sue Babich, DrPH, MS
Associate Dean of Global Health and
Professor
Health Policy and Management
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Associate Dean for Practice
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COURSE DESCRIPTION

This course provides an in-depth introduction to the health system in Swaziland and provides students with the opportunity to compare and contrast healthcare delivery and outcomes in Swaziland with that in the United States. Participants will spend substantial time out in the field visiting the historical and cultural sites and engaging in in-depth discussions with local healthcare experts.

PROGRAM COMPETENCIES

This course contributes to the following undergraduate competencies:

1. Communicate effectively with diverse stakeholders, including public health and health care professionals, individually and in-group settings using verbal, written, and electronic modes of communication.
2. Work individually and within a team setting by applying organizational knowledge and leadership skills.
3. Recognize and demonstrate sensitivity to diverse points of view.

LEARNING OBJECTIVES

At the completion of this course, students will be able to:

1. Describe the basic components of the US healthcare system.
2. Describe the core components of public health.

3. Identify and discuss the differences between the US healthcare system and those in this low-income country.
4. Describe the history, organization and financing of Swaziland's health system.
5. Understand current issues and changes underway relating to delivery of health services in Swaziland.
6. Discuss the challenges relating to cost, quality and access to care.
7. Understand fundamental principles of providing for sanitation in Swaziland.
8. Debate future directions for the delivery of health services in Swaziland and implications for the public's health.

REQUIRED OR SUGGESTED TEXT AND/OR READINGS

Required for undergraduate and graduate students:

Timely readings provided by the instructor.

Required for graduate students/optional for undergraduate students:

The Healing of America, by T.R. Reid

Provides a tour of health systems in other wealthy countries and challenges us to consider what can be learned from these other systems.

Hoping to Help, by Judith N. Lasker

Provides a comprehensive assessment of global health volunteering, based on research into how it currently operates, its benefits and drawbacks and how it might be organized to contribute most effectively.

Comparative Data & Tools

Commonwealth Fund Tool, "Compare International Survey Data by Country":

<http://www.commonwealthfund.org/Topics/International-Health-Policy.aspx>

2011 Commonwealth Fund Report, "International Profiles of Health Care Systems."

<http://www.commonwealthfund.org/Publications/Fund-Reports/2011/Nov/International-Profiles-of-Health-Care-Systems-2011.aspx>

Commonwealth Fund: "Mirror, Mirror on the Wall: Comparative Performance of American Health Care":

http://www.commonwealthfund.org/usr_doc/site_docs/slideshows/MirrorMirror/MirrorMirror.html

<http://www.commonwealthfund.org/Publications/Fund-Reports/2010/Jun/Mirror-Mirror-Update.aspx?page=all>

REQUIREMENTS AND EXPECTATIONS

To receive credit for this course, you must complete the following requirements:

I. Pre-Trip Meeting: TBD (9:00 am - 3:00 pm),

Please see agenda for all the meetings included at the end of this document.

II. Individual Project: Sharing your experience with the IUPUI Campus

1. You must submit a proposal for how you plan to share your experience with others on campus
 - What information do you plan to share
 - Who is your target audience
 - How do you plan to share the information and when (must be sometime during the remainder of the Summer 1 semester; you are encouraged to be creative!)
 - You must submit your proposal no later than **TBD**.
 - A proposal should be no longer than one page (Times New Roman, 12 points, double space). The course instructors will review your proposal, provide comments, and provide final approval.
2. You must develop a presentation/poster or other material that you will illustrate your experience on this trip. Plan to share this information with IUPUI campus. We encourage you to be creative and will provide ideas during the trip. You must submit a summary of your work by the last day of classes in the summer 1 semester. For example, if you wrote an article for a campus publication, you should submit the article. If you hosted an event, you should submit a summary of the event, including any materials you presented, the number of attendees, etc.

III. Reflective Journal

Each student must maintain a journal throughout the time in the course, from the time of the pre-trip meeting to return home from the time in country. Journals entries should be made frequently, ideally daily, and cover your reactions to the discussions, readings (including the required texts), experiences, and other information encountered throughout the course. Each entry should address your reactions to what you are learning. What surprised you? What do you agree or disagree with? How might you use what you have learned in your future work, or how has what you experienced influenced your views on a topic? Entries should be reflective in nature, not merely reiterating the content that was presented. Maintain your reflective journal as a Word doc, labeled with your name and date (e.g. BABICH, S_Journal_2016) and email it to the instructor at the end of the semester by the date discussed in class.

IV. Reflective Paper

Each student will choose a topic relating to a public health aspect of the Swazi experience to expound on more fully in the form of a paper not to exceed 10

double spaced pages. You have broad freedom in framing the scope and topic of your paper, but you are encouraged to choose a topic related to cost, quality or access to health services in Swaziland or some aspect of the social determinants of health as they relate to public health in Swaziland. Please discuss your choice of topic with the instructor before beginning work on your paper.

We suggest that you use the American Psychological Association's citation style in your paper. The APA style is commonly used in the field of public health. For information about this style, see

<http://www.lib.unc.edu/instruct/citations/apa/index.html>.

Other styles are also acceptable; the key is to be sure your writing style is consistent and clear.

Better papers have the following characteristics:

- Logical, appropriate, evidence-based conclusions, analyses, and recommendations
- Clearly written paper with topics arranged logically. Well designed tables and figures that convey relevant, important information
- Effective, appropriate application of course materials and other resources

EVALUATION AND GRADING SCALE

Satisfactory completion of the course requirements will result in an "A" in this course. Requirements that are not submitted on time or are of poor quality will result in a lower grade.

TRAVEL GUIDELINES AND INFORMATION

Costs:

See estimates provided separately

ATTENDANCE

To receive academic credit for this course, you must be present at the pre-trip meeting and on the trip to Swaziland over the summer.

ADMINISTRATIVE WITHDRAWAL

A basic requirement of this course is that you will participate in all class meetings and conscientiously complete all required course activities and assignments. If you miss the required activities, you may be administratively withdrawn from this course. Administrative withdrawal may have academic, financial, and financial aid implications. Administrative withdrawal will take place after the full refund period, and if you are administratively withdrawn from the course, you will not be eligible for a tuition refund. If you have questions about the administrative withdrawal policy at any point during the semester, please contact me.

STUDENTS WITH DISABILITIES

Students needing accommodations because of a disability will need to register with Adaptive Educational Services (AES) and complete the appropriate forms issued by AES before accommodations will be given. The AES office is located in Taylor Hall, UC 100. You can also reach the office by calling 274-3241. Visit <http://aes.iupui.edu/> for more information.

STUDENT COURSE EVALUATION

The School of Public Health evaluates all courses. Student course evaluations will be conducted in a manner that maintains the integrity of the process and the anonymity of respondents.

ACADEMIC INTEGRITY

Academic and personal misconduct by students in this class are defined and dealt with according to the procedures in the Student Misconduct section of the IUPUI *Code of Conduct*, <http://studentaffairs.iupui.edu/student-rights/student-code/>

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COURSE SCHEDULE

Pre-trip Meeting

Date TBD (9:00 am till 3:00 pm), Room TBD

9:00-10:00 am	Overview of the health system in Swaziland
10:00 -10:15 am	Q&A
10:15-10:30 am	Break
10:30-11:15 am	Public health in Swaziland
11:15am -12:15 pm	The burden of HIV and AIDS
12:15-12:30 pm	Q&A
12:30-1:00 pm	Lunch
1:00pm – 2:00 pm	Culture and language preparation
2:00 pm - 3:00 pm	Review of daily schedule, and overview of safety tips
4.25 contact hours	

Experience in Swaziland May 27-June 16

Health Systems Around the World: Healthcare in Swaziland

SWAZILAND TENTATIVE SCHEDULE (approx. 40 contact hours)

June 2017

<i>Saturday</i>	<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
May 27 Depart Atlanta, GA	May 28 Arrive Johannesburg 5:50 pm Check-in Hotel	May 29 Tour Apartheid Museum & Soweto Stay Johannesburg 1 contact hour	May 30 Leave for Manzini, Swaziland. Meal in transit. Check-in The George Hotel (TGH)	May 31 SOHO Welcome Center and activities 1 contact hour	June 1 Culture and Language Lectures at University of Swaziland (UNISWA) Meet with Students at UNISWA 2 contact hours	June 2 Manzini Market (a.m.) Discussion of Traditional medicines and healing Visit Swazi Candles Evening Debrief 2 contact hours
June 3	June 4	June 5	June 6	June 7	June 8	June 9

<p>Visit Mantenga Cultural Village. Short hike to the waterfall.</p> <p>Execution Rock</p> <p>Traditional Dinner Out</p> <p>2 contact hours</p>	<p>Visit Mlilwane Wildlife Sanctuary.</p> <p>Ngwenya Glass Factory</p> <p>2 contact hours</p>	<p>Business/Public Health/Nursing and Informatics breakout groups</p> <p>Evening Debrief</p> <p>4 contact hours</p>	<p>Business/Public Health/Nursing and Informatics breakout groups</p> <p>4 contact hours</p>	<p>SOHO Welcome Center</p> <p>1 contact hour</p>	<p>Culture and Language Lectures at University of Swaziland (UNISWA)</p> <p>Meet with Students at UNISWA</p> <p>4 contact hours</p>	<p>Business/Public Health/Nursing and Informatics breakout groups</p> <p>Evening Debrief</p> <p>4 contact hours</p>
<p>June 10</p> <p>Hlane Game Reserve</p> <p>Shewula Mountain Camp for a community experience</p> <p>Traditional Lunch Served</p> <p>4 contact hours</p>	<p>June 11</p> <p>Travel to Biulembu</p>	<p>June 12</p> <p>Bulembu projects</p> <p>Evening Debrief</p> <p>3 contact hours</p>	<p>June 13</p> <p>Bulembu projects</p> <p>3 contact hours</p>	<p>June 14</p> <p>Return to Manzini. Debrief Meeting at UNISWA</p> <p>SOHO Welcome Center</p> <p>Final Debrief</p> <p>3 contact hours</p>	<p>June 15</p> <p>Check-out of The George Hotel and leave Manzini.</p> <p>Depart from Joburg</p>	<p>June 16</p> <p>Arrive Atlanta, GA</p>