

**IU RICHARD M. FAIRBANKS SCHOOL OF PUBLIC HEALTH at IUPUI**  
**Spring 2017**  
**3- credit hours**

**COURSE TITLE:** Health Systems Around the World: Understanding England's National Health Service

**COURSE NUMBER:** PBHL-P450 or PBHL-H670

**LOCATION:** Fairbanks School of Public Health, Room ##  
London, England

**DATES:** Class #1: January 13<sup>th</sup> (3:00-5:00pm)  
Class #2: January 27<sup>th</sup> (9:00am-12:30pm)  
Class #3: February 17<sup>th</sup> (9:00am-12:30pm)  
Class #4: March 3<sup>rd</sup> (9:00am-3:00 pm)  
London trip: March 12<sup>th</sup>-March 17<sup>th</sup>

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**COURSE DESCRIPTION**

This course provides an in-depth introduction to a global model for health services delivery and provides students with the opportunity to compare and contrast systems in England and the United States. Participants will spend substantial time out in the field visiting London-area health facilities, historical sites, and universities.

## **PROGRAM COMPETENCIES**

This course contributes to the following undergraduate competencies:

1. Communicate effectively with diverse stakeholders, including public health and health care professionals, individually and in-group settings using verbal, written, and electronic modes of communication.
2. Work individually and within a team setting by applying organizational knowledge and leadership skills.
3. Recognize and demonstrate sensitivity to diverse points of view.

## **LEARNING OBJECTIVES**

At the completion of this course, students will be able to:

1. Describe the basic components of the US healthcare system.
2. Describe the core components of public health.
3. Identify and discuss the differences between the US healthcare system and other developed countries (e.g. Germany, Japan, UK).
4. Describe the history, organization and financing of England's National Health Service.
5. Understand the rationale for current reforms underway in the NHS.
6. Discuss the challenges faced by the National Health Service including issues relating to cost, quality and access to care.
7. Compare and contrast the NHS with the U.S. healthcare system.
8. Debate future directions for the NHS and implications for the public's health.

## **REQUIRED OR SUGGESTED TEXT AND/OR READINGS**

### **Required for undergraduate and graduate students:**

*Ghost Map*, by Steven Johnson

Tells the tale of the cholera outbreak that struck Victorian London and provides a glimpse into the early days of public health.

Additional readings provided by the instructor.

### **Required for graduate students/optional for undergraduate students:**

*The Healing of America*, by T.R. Reid

Provides a tour of health systems in other wealthy countries and challenges us to consider what can be learned from these other systems.

### **Mandatory for all students:**

**Attend the show that will have a healthcare theme. Will be identified in January 2017**

### **Reports & Articles**

2015 Commonwealth Fund Report, "International Profiles of Health Care Systems."

[http://www.commonwealthfund.org/~media/files/publications/fund-report/2016/jan/1857\\_mossialos\\_intl\\_profiles\\_2015\\_v7.pdf](http://www.commonwealthfund.org/~media/files/publications/fund-report/2016/jan/1857_mossialos_intl_profiles_2015_v7.pdf)

## **Media Resources**

NPR Series: Health Care For All (United Kingdom):

<http://www.npr.org/series/91971293/great-britain-health-care-for-all>

PBS Frontline Documentary: Sick Around the World

<http://www.pbs.org/wgbh/pages/frontline/sickaroundtheworld/>

## **Comparative Data & Tools**

Commonwealth Fund Tool, "Compare International Survey Data by Country":

<http://www.commonwealthfund.org/interactives-and-data/international-survey-data>

Commonwealth Fund: "Mirror, Mirror on the Wall: Comparative Performance of American Health Care":

[http://www.commonwealthfund.org/usr\\_doc/site\\_docs/slideshows/MirrorMirror/MirrorMirror.html](http://www.commonwealthfund.org/usr_doc/site_docs/slideshows/MirrorMirror/MirrorMirror.html)

<http://www.commonwealthfund.org/Publications/Fund-Reports/2010/Jun/Mirror-Mirror-Update.aspx?page=all>

## **Consumer Perspectives on the U.S. and U.K. Health Systems**

2015 Deloitte Survey of Health Care Consumers:

<https://www2.deloitte.com/us/en/pages/life-sciences-and-health-care/articles/health-care-consumer-engagement.html>

2009 Report from The Economist: "Health Reform: The Debate Goes Public":

[http://graphics.eiu.com/marketing/pdf/Philips\\_Healthcare3.pdf](http://graphics.eiu.com/marketing/pdf/Philips_Healthcare3.pdf)

"How the NHS Measures Up" (BMJ; 2008):

<http://www.bmj.com/content/336/7659/1469.full?rss=1>

## **REQUIREMENTS AND EXPECTATIONS**

To receive credit for this course, you must complete the following requirements:

- I. Class #1: January 13th (3:00 pm – 5:30 pm)
- II. Class #2: January 27<sup>th</sup> (9: 00 am till 12.30pm)
- III. Class #3: February 17<sup>th</sup> (9.00 am till 12.30pm)
- IV. Class #4: March 3<sup>rd</sup> (9:00 am till 2:00 pm)
- V. Exam

A 20 pt exam consisting of short answer and essay questions will be given during the class session #4. It will cover material presented in class sessions 2, 3 and 4 including all required readings up to that point in the semester. Scores of 75 percent or greater earn a passing grade.

Please see agenda for all the meetings included at the end of this document.

- VI. London session: March 12-17 (Spring Break)

Please see agenda included at the end of this document.

There will be group activities, and academic content included on this trip. Every student has to complete all activities to get full credit for the course.

## VII. Reflective Journal

These journal entries should document your formal and informal interactions with local health professionals and community members as well as your personal development in the program. You should incorporate the course readings and lectures. Reflections are expected at the end of each class session before traveling and at the end of each academic day abroad.

## VII. Individual Project: Sharing your experience with the IUPUI Campus

1. You must submit a proposal for how you plan to share your experience with others on campus
  - What information do you plan to share
  - Who is your target audience
  - How do you plan to share the information and when (must be sometime during the remainder of the Spring 2017 semester; you are encouraged to be creative!)
  - You must submit your proposal no later than **Friday 3/31/2017**.
  - A proposal should be no longer than one page (Times New Roman, 12 points, double space). The course instructors will review your proposal, provide comments, and provide final approval.
2. You must develop a presentation/poster or other material that you will illustrate your experience on this trip. Plan to share this information with IUPUI campus. We encourage you to be creative and will provide ideas during the trip.
3. You must submit a summary of your work by the last day of classes in the spring semester, May 1, 2017. For example, if you wrote an article for a campus publication, you should submit the article. If you hosted an event, you should submit a summary of the event, including any materials your presented, the number of attendees, etc.

## **EVALUATION AND GRADING SCALE**

Satisfactory completion of the course requirements will result in an “A” in this course. Requirements that are not submitted on time or are of poor quality will result in a lower grade.

## **TRAVEL GUIDELINES AND INFORMATION**

Information to be added regarding cost, guidelines for housing, conduct, etc. after that’s prepared.

## **ATTENDANCE**

To receive academic credit for this course, you must be present at all pre-trip meetings, and on the trip to London over Spring Break.

## **ADMINISTRATIVE WITHDRAWAL**

A basic requirement of this course is that you will participate in all class meetings and conscientiously complete all required course activities and assignments. If you miss the required activities, you may be administratively withdrawn from this course. Administrative withdrawal may have academic, financial, and financial aid implications. Administrative withdrawal will take place after the full refund period, and if you are administratively withdrawn from the course, you will not be eligible for a tuition refund. If you have questions about the administrative withdrawal policy at any point during the semester, please contact me.

## **STUDENTS WITH DISABILITIES**

Students needing accommodations because of a disability will need to register with Adaptive Educational Services (AES) and complete the appropriate forms issued by AES before accommodations will be given. The AES office is located in Taylor Hall, UC 100. You can also reach the office by calling 274-3241. Visit <http://aes.iupui.edu/> for more information.

## **STUDENT COURSE EVALUATION**

The School of Public Health evaluates all courses. Student course evaluations will be conducted in a manner that maintains the integrity of the process and the anonymity of respondents.

## **ACADEMIC INTEGRITY**

Academic and personal misconduct by students in this class are defined and dealt with according to the procedures in the Student Misconduct section of the *IUPUI Code of Conduct*, <http://studentaffairs.iupui.edu/student-rights/student-code/>

## COURSE SCHEDULE

### Mandatory Pre-trip Meetings

#### **Class #1: January 13th (3:00 -5:00 pm) RG 5000**

3:00-4:00 pm	Welcome, introductions, overview of the course
4:00-5:00 pm	Discussion of the logistics of the trip
5:00-5:30 pm	Q&A

1 contact hour

#### **Class #2: January 27th (9:00 am -12:30 pm) RG 6040**

9:00-10:00 am	Overview of the U.S. healthcare system & public health
10:00 -10:15 am	Q&A
10:15-10:30 am	Break
10:30-11:15 am	Comparison of the US healthcare systems with other countries
11:15am -12:15 pm	PBS Frontline's "Sick Around the World."
12:15-12:30 pm	Q&A

3.25 contact hours

#### **Class #3: February 17<sup>th</sup> (9.00 am - 12.30pm) RG 6040**

9:00-10:30 am	Round-table discussions of the readings and cases
10:30-10:45 am	Break
10:45-11:00 am	General discussion lead by the instructor
11:00-12:00 pm	Experiential exercise
12:00pm-12:30 pm	Q&A

3.25 contact hours

#### **Class #4: March 3rd (9:00 am - 2:00 pm), RG 6040**

9:00-10:00 am	Sanitation in Victorian England and Today
10:00 -10:15 am	Q&A
10:15-10:30 am	Break
10:30-11:15 am	NHS and public health
11:15am -12:15 pm	Exam
12:15-12:30 pm	Q&A
12:30-1:00 pm	Lunch
1:00 pm - 3:00 pm	Review of daily schedule, and overview of safety tips

5.25 contact hours

## Experience in London

March 12 - 17, 2016

### Sunday, March 12

*Arrive in London on your own. Use a debit or ATM card at an ATM machine at the airport or near the Acorn office to get cash (British Pounds = £) for excursions and meals. Acorn Management Office, located at 19 Bedford Place to pick up the key to your flat. Rooms will be available after 2:00 pm. Those who check in before 2:00 pm may leave their luggage in the office and explore or get something to eat.*

4:00 pm                      Meet on the steps of Winston House (3 Bedford Square)  
Walking Tour of Bloomsbury

6:15 pm                      Welcome Dinner

### Monday, March 13

8:30 – 9:00 am              Breakfast at Winston House

9:00 – 9:30 am              Welcome

9:30 – 11:00 am             Discussion: Understanding the NHS  
Dr. Jeni Gosling, London School of Hygiene and Tropical  
Medicine

11:00 – 11:15 am            Break

11:15 – 12:45pm            Introduction to the NHS and England's Health System with Dr.  
Nick Mays, London School of Hygiene and Tropical Medicine

12:45 – 1:30 pm             Lunch at Winston House  
Guided discussion about morning sessions

1:30 pm                      Free Afternoon and Evening in London – Below are some ideas:  
Hop on Hop off Open Bus Tour of London  
<http://www.hoponhopoffplus.com/>  
Free Walking Tours  
[http://www.freetoursbyfoot.com/london-tours/tour-  
calendar/#summary](http://www.freetoursbyfoot.com/london-tours/tour-calendar/#summary)  
The British Museum <http://www.britishmuseum.org/>  
Afternoon Tea

Dinner: On your own

## Tuesday, March 14

- 8:30 – 9:00 am Breakfast at Winston House  
Discussion: Health in the News
- 9:00 – 10:30 am Panel: What's It Like To Be A Patient In The UK?
- 10:30 – 11:00 am Break
- 11:00 am – 12:30 pm The NHS Through Time  
Geoffrey Rivett, PhD
- 12:00 – 1:00 pm Lunch at Winston House with Geoffrey Rivett  
Discussion: History of the NHS
- 1:15 – 2:15 pm Travel to South Bank area
- 2:30 – 5:00 pm Tour of the Old Operating Theater & Herb Garret  
[www.thegarret.org.uk](http://www.thegarret.org.uk)  
  
Public Health Discussion and Walking Tour of the Thames
- 5:00 – 6:00 pm Free time on the South Bank. Be sure to give yourself time to travel back to Winston House for dinner.  
  
You may enjoy visiting The Clink Prison Museum  
<http://www.clink.co.uk> and exploring the South Bank Area  
<http://www.southbanklondon.com>
- 6:30 pm Pizza party at Winston House with University of North Caroline students studying abroad in London for the semester

## Wednesday, March 15

- 8:30 – 9:00 am Breakfast at Winston House  
Health in the News Discussion
- 9:00 – 9:30 am Walk to UCL to Meet Jeremy Bentham  
Read all about him here:  
<https://www.ucl.ac.uk/Bentham-Project/who>



9:30am – 12:15 pm	Tour the Wellcome Collection
12:30 – 1:30 pm	Lunch at Winston House Guided discussion about morning sessions
1:30 – 3:00 pm	Discussion: England Health Reform with Dr. Charles Easmon
3:00 – 3:30pm	Break
3:30 – 5:00pm	Discussion: Ethics and the Public’s Health with Dr. Peter Duncan
5:00pm	Dinner: On your own  Free Evening in London Groups may decide to go to the theater together. This is optional.

**Thursday, March 16**

8:30 – 9:30 am	Breakfast at Winston House Health in the News Discussion and Group Presentations
9:30 – 10:30 am	Discussion of the book The Ghost Map with Tom Duszynski
10:30 – 10:45 am	Break
10:45 – 12:15pm	John Snow Walking Tour with Tom Duszynski
Noon- 1 pm	Lunch: John Snow Pub ( <i>you will need to bring British Pounds to purchase lunch</i> ) Epidemiology guided discussion <a href="http://www.johnsnowsociety.org">http://www.johnsnowsociety.org</a>
1:00 – 5:00 pm	“This is Public Health” Photo Scavenger Hunt Prepare presentations: Photo Scavenger Hunt  Dinner: On your own

## Friday, March 17

- 8:30 – 9:45 am      Breakfast at Winston House  
Health in the News Guided Discussion
- 10:00 – 12:15 am      Tour the Hunterian Museum – Royal College of Surgeons  
Museum opens at 10am
- 12.30-1.30 pm      Lunch at Winston House
- 1.30 pm- 4:30 pm      Program Wrap-Up
- Share results from “This is Public Health” scavenger hunt
  - Health in the News project debrief
  - Reflections, comments, and questions
  - Introduction to PBHL P400 course project
- 3.0 contact hours
- Dinner: On your own

*Return to Indianapolis on your own.  
Housing will be offered through Saturday morning for those returning on flights on  
March 18<sup>th</sup>.*