

S600 Social Work

Developing Paths to Economic Self-Sufficiency for Victims of Human Trafficking

Indiana University School of Social Work

Section	Instructor Name: Susan Larimer, PhD
Semester, Year: Spring, 2017	Office: AD 2045
Three Pre-session to be scheduled	Office Hours: By appointment, or before and after class
December 27th – January 8th: In Kolkata, India.	Phone: 317-409-1760 (cell – texts OK)
	Email: slarimer@iupui.edu

Co-Facilitator: Beth Waterman, former Sari Bari employee and MSW student at Lesley University

Course Description: Human trafficking is modern-day slavery and involves the use of force, fraud, or coercion to obtain some type of labor or commercial sex act. Every year, millions of men, women, and children are trafficked in countries around the world, including the United States. It is estimated that human trafficking generates many billions of dollars of profit per year, second only to drug trafficking as the most profitable form of transnational crime (Department of Homeland Security, 2016). According to the United Nations Office on Drugs and Crime, the most common form of human trafficking is sexual exploitation (79% of trafficking), mostly involving woman and girls.

This course will discuss the global problem of sex trafficking of women /children and strategies to assist victims both locally and globally. Locally, Indiana received a poor rating for assistance for human trafficking victims, as compared to other states (The Polaris Project, 2014). Sari Bari (Saribari.com) is an Indiana-based non-profit organization providing services to women in Kolkata, India to help them exit the sex trade and build economic self-sufficiency. India has a flourishing sex trafficking trade and thousands of women are in brothels against their will. Kolkata, India is a prime destination for sex traffickers who subject women and children to forced prostitution (US Dept. of State Trafficking in Persons Report, 2016).

Students in this course will gain first-hand knowledge of strategies to combat the sex-trafficking of women and children both in Indiana and in Kolkata through a variety of methods: reading books, interacting with local speakers in Indiana and India, understanding the mission and strategies of Sari Bari as well as other NGOs in India, meeting former victims of trafficking who are now working at Sari Bari in India, and assisting Sari Bari with projects that further their mission to empower women who have been trafficked. Students will also have the opportunity to observe, discuss and evaluate strategies for empowerment of victims of sex trafficking.

Course Objectives

By the end of this course, students will be able to:

1. Develop a deeper understanding of the cultural and economic forces underlying human trafficking and specifically the sex trafficking of women and children
2. Critically examine strategies for empowerment of women who have been trafficked
3. Increase cultural competence to serve and practice in a global community
4. Develop tools for sustainability of funding, in conjunction with Sari Bari
5. Understand local and international policy initiatives to address human trafficking.

Course Texts:

1. Kristof, N., & WuDunn, S., (2010 reprint). *Half the sky: Turning oppression into opportunity for women worldwide*. New York: Vintage.
2. Kara, S., (2010). *Sex Trafficking: Inside the Business of Modern Slavery*. New York: Columbia University Press.
3. Stephen, B., (2016). *India – Culture Smart! The essential guide to customs and culture*. London: Kuperard.

Articles and Reports (Required reading)

Polaris.com: Sex trafficking in the U.S.: A closer look at U.S. citizen victims.

<http://polarisproject.org/sex-trafficking>

United Nations Office on Drugs and Crime: Global Report on Trafficking in Persons. (2009).

http://www.unodc.org/documents/Global_Report_on_TIP.pdf

U.S. Department of State (2016). Trafficking in persons report.

<http://www.state.gov/documents/organization/258876.pdf> (India is on pages 199-201)

Recommended:

Fodor's Essential India: with Delhi, etc.... (2015). Random House.

Assignments:

- 1) Reflection Paper #1 on Sex trafficking: Inside the Business of Modern Slavery – due before pre-sessions begin -- 20 points

Questions to answer in the paper:

1. What were your impressions about sex trafficking before you read the book?
2. Discuss what you learned about trafficking in India – what sustains it and contributes to it? Is India unique in comparison to other countries?
3. Discuss three things that stood out to you in the book and why they made an impression on you.

2) Reflection paper #2 on Half the Sky – due before leaving for the trip. 20 points (7-10 content pages)

Questions to answer in the paper:

1. What was your overall impression of the book and the perspective that the authors took on the issues they discussed? What surprised you, inspired you, or enraged you?
 2. There are many different topics in this book regarding the difficulties faced by women and some preliminary solutions. Talk about one issue that particularly captured your attention and why it resonates with you. Search the web to see if there are other projects happening about your issue in the world and talk about those. What is your critique of the solutions proposed?
 3. Empowerment strategies. List the different empowerment strategies detailed in the book (i.e, education, business, rescuing women from dire circumstances) and evaluate each one in terms of pros and cons.
- 3) Quiz on Indian culture book – Multiple choice quiz over the book. (10 Points). This quiz will be over India culture, religions, language and customs discussed in the book.
- 4) Journal reflections during trip – One for each day in country. Reflect briefly on each of the following. Please feel free to add anything to your personal reflection that you would like to process. These should be at least 2 pages for each day. Can be handwritten or submitted via email (I would GREATLY prefer typed reflection). Worth 3 points per journal entry for each of ten days (30 total points). Please note that we will have a one hour process group each evening to discuss the events of the days and the emotions that you experienced.
1. What feelings were evoked for you today?
 2. What surprised or challenged you?
 3. What questions does this experience generate for you?
 4. What is the learning that you will take from this?
- 5) Final Paper: Final paper: Worth 20 points.

1. As the dialogue evolves with Sari Bari, they have asked us to help them with two projects – a grant template they can use to apply for funding for an educational program, and a program evaluation tool to evaluate the success of its employment program for women. The instructor will be working with Sari Bari to get specifics as to how students can help with these two projects.

Alternative paper (in case #1 does not come together):

2. What is the biggest impact of the India experiences on you personally? How did this experience challenge or stretch you as a person?
3. Discussed some of your impressions of the empowerment work that you saw going on. Choose one of the programs that we visited and perform a SWOT analysis on it (Strengths, Weaknesses, Opportunities, Threats).

4. How will this experience impact your professional career?

The paper will be 6-10 pages in APA format. The paper will be due on the January 27th.

We will share our take-aways from the trip on Friday, January 27th. Each student will prepare a short (5 slide PowerPoint) about their take-aways from the trip.

Total Points for assignments:

	Assignment	Points	Due
1	Reflection paper on Sex Trafficking book	20	Midnight of day of first pre-session
2	Answering discussion questions on Half the Sky	20	Before leaving for the trip on the 27th
3	Quiz on Indian culture book	10	Last day of pre-sessions
4	Daily journal reflections	10 days x 3 points = 30	After returning from the trip by January 15th
5	Final summary paper	20	January 27th
	Total Points	100	

Course Schedule

Pre-Session 1: Course overview and book discussion

1. **Assignments:** Due: Reflection paper #1

For this session, please have read both Half the Sky and Sex Trafficking. Bring the books with you to class.

Time	Agenda
9:00 – 10:00	Introduction activity
10:00-11:00	Discussion of syllabus and course
11:00 – 12:00	Discussion of the experience of reading Sex Trafficking: small group <ul style="list-style-type: none">• What made you angry?

	<ul style="list-style-type: none"> • What made you sad? • What encouraged you? • What made you passionate?
12:00 – 1:00	Lunch: <ul style="list-style-type: none"> • Go to Indian Buffet just off campus
1:00 – 4:00	What is Sari Bari- understanding the organization we are partnering with. Speaker from the organization (Sarah Lance) to give a history and mission of the organization and how it is funded.
4:00 – 4:30	Discussion and summary of the day

Pre-Session 2:

Discussion of the forces that underpin the sex trafficking industry

Assignments:

2. Readings: same texts

Time	Agenda
9:00 – 12:00	Discussion of Half the Sky book Watch PBS documentary movie – Half the Sky and discussion
12:00 – 1:00	Lunch break
1:00 – 3:00	Speaker on sex trafficking in Indiana (Tracy McDaniel or Beth Petrucce) and local organizations that are helping victims or aiding in prevention
3:00 – 4:00	Discussion

Pre-Session 3:

Empowerment

Visit website of these projects:

- Sari Bari: www.saribari.com
- International Justice Mission: <http://www.ijm.org/>
- Loyal: <https://www.theloyalworkshop.com/>
- Rahab's Rope: <http://www.rahabsrope.com/>
- 8th Day Cafe: <http://8thdaycafe.com/mission/>

Time	Agenda
9:00 – 10:30	Discussion of empowerment as a concept and practice. Understanding the role of NGOs and other organizations in international empowerment (speaker Carmen Luca Sugawara)
10:30 – 12:00	Understanding the culture and language of Kolkata
12:00 – 1:00	Lunch – on your own
1:00 – 2:30	India cultural practices Quiz on Indian Culture (from text)
2:30 – 4:00	Discussion of what to pack, safety, and cultural practices essential to travel in Kolkata. What to expect when we arrive and issues to be aware of. Review dress code and conduct expectations.

Schedule while in India

Daily Schedule

	Plan Details	Eating Details	Website details
Day 1 (12/28)	(dependant on when flight gets in)		
morning:	India orientation (Beth to review Vulnerable Person Protection Policy/Dress Code/Maps/Travel/Etc City Walking Tour with Kolkata Walks	Bfast @ hotel	http://calcuttawalks.com/
lunch	clothing shopping if needed	lunch out	
afternoon	Sari Bari: Box Lane & tea w/ladies meet with Sari Bari Staff (Kyle Scott-Sari Bari Executive Director to speak)		http://saribari.com/
evening	team debrief early evening in due to jet lag	supper @ hotel	
Day 2 (12/29)			
morning	Breakfast check in	bfast @hotel	
Lunch	Visit the Mother Teresa House (the Mother House is where the sisters of charity live and where Mother Theresa is buried)	lunch on sudder street	

afternoon	Tour of 8th Day Cafe & meeting w/founders about their social business model and the challenges of working with women leaving the sex trade		http://8thdaycafe.com/
evening	team debrief	supper @ Peter Cat	
Day 3 (12/30)			
morning	B-fast check in meet with International Justice Mission director Biju Mathew to learn about the process of working with local law enforcement to do raids on brothels and undercover rescues for underaged girls sold into prostitution	bfast @ hotel	
Lunch		lunch @ South Indian restaurant	https://www.ijm.org/where-we-work/india
afternoon	volunteer at Kalighat Sari Bari unit	supper w/ SB senior staff @	
evening	optional Bollywood film/team debrief	BBQ	
Day 4 (12/31)			
morning	B-fast check in	bfast @ hotel	
	Freeset Tour and meet with Kery & Annie Hllton, founders of Freeset Bags, a social business employing women in the red light area for over 20 years. They are currently starting a new small business incubator program for new social businesses that want to launch in Kolkata.		http://freesetglobal.com/
lunch		order lunch to eat at SB	
afternoon	volunteer at Box Lane Sari Bari unit		
evening	Happy New Years celebration?	supper at chilis? somewhere fun?	
Day 5 (1/1)			
morning	b-fast check in/sleep in rest/debrief/homework	bfast @ hotel	
lunch		brunch at the Swishotel	
afternoon	Afternoon swimming at the Swishotel		
evening		supper @ hotel?	

Day 6 (1/2)			
morning	bfast/check in Leave for Somota Pads in North Kolkata-meet with founder about their social business, empowering women who live in the slums to love their bodies and create sustainable products	bfast @ hotel	http://shomota.com/
lunch			
afternoon	Meet with founder of Apne Aap, Richira Gupta to learn about her lobbying and fight for survivors of sex trafficking		http://apneaap.org/about-us/our-founder/
evening	debrief	supper on Park Street	
Day 7 (1/3)			
morning	bfast/check in tour of Loyal Workshop/meet with founders to learn about the development of their business making leather bags, how they ethically source all their products, and how they empower women coming out of the sex industry.	bfast @hotel	https://www.theloyalworkshop.com/
lunch		order from Lebonese Junction	
afternoon	Tour of Mahima Home and meet with Social Work Director of the safe house to learn about programming in India		* safe house for underaged girls, not sure we can go but I will check/meet with their social worker
evening	debrief	supper @ Kewpies	
Day 8 (1/4)			
morning	bfast check in optional volunteer day @ Mother Theresa's	bfast @ hotel	
lunch		order take out?	
afternoon	meet with Directors of Sanlaap to learn about the history of their organization and how they have developed their safe house and advocacy programs for women who have been trafficked throughout the years		http://www.sanlaap.org/
evening	debrief	supper @ Fire & Ice	
Day 9 (1/5)			

morning	bfast check in meet with US Consulate about their department of Human Trafficking and what is being done to combat the issue in India and globally	bfast @ hotel
lunch		lunch near consulate
afternoon	optional volunteer @ Box Lane Sari Bari	
evening	debrief	supper @ Fair lawn
Day 10 (1/6)		
morning	bfast check in pack and prep for Taj visit	bfast @ hotel
lunch		eat on Sudder Street
afternoon	optional volunteer @ Box Lane Sari Bari	
evening	live music with Kyle Scott/ have Sari Bari expat staff share about life and work in Kolkata	order take out before kyle plays
Day 11 (1/7)		
morning	leave early for Taj!	
afternoon	day at the Taj/Red Fort	
evening	Fly back to Kolkata	
Day 12 (1/8)		
morning	bfast/check in slow morning, final shopping etc	bfast @ hotel
		Jhal Friezie
	final shopping/packing	
	leave for airport	

Post session course session:

We will meet on Friday, January 27th for our final session. At this session, we will do two things: you will do a short presentation about your take-aways from the trip. We will also present the final projects that we prepared for Sari Bari (grant template, program evaluation or SWOT analysis).

Bibliography

- Bagchi, I. (2014). The Struggle for Women's Empowerment in India. *Current History*, 113(762), 144-149.
- Chakrabarti, S., & Biswas, C. S. (2012). An Exploratory Analysis of Women's Empowerment in India: A Structural Equation Modelling Approach. *Journal of Development Studies*, 48(1), 164-180. doi: 10.1080/00220388.2011.615920
- Chatterjee, P. (2008). Anti-human-trafficking law sparks debate in India. *Lancet*, 371(9617), 975-976.
- Hamal Gurung, S. (2014). Sex Trafficking and the Sex Trade Industry: The Processes and Experiences of Nepali Women. *Journal of Intercultural Studies*, 35(2), 163-181. doi: 10.1080/07256868.2014.885415
- Hendrix, M. C. (2010). Enforcing the U.S. Trafficking Victims Protection Act in Emerging Markets: The Challenge of Affecting Change in India and China. *Cornell International Law Journal*, 43(1), 173-205.
- Jana, S., Bandyopadhyay, N., Dutta, L. K., & Saha, A. (2002). A tale of two cities: shifting the paradigm of anti-trafficking programmes. *Gender & Development*, 10(1), 69-79.
- Kempen, L. (2009). The 'Downside' of Women Empowerment in India: An Experimental Inquiry into the Role of Expectations. *Social Indicators Research*, 94(3), 465-482. doi: 10.1007/s11205-009-9442-9
- Krenz, K., Gilbert, D. J., & Mandayam, G. (2014). Exploring Women's Empowerment Through "Credit-Plus" Microfinance in India. *Affilia: Journal of Women & Social Work*, 29(3), 310-325. doi: 10.1177/0886109913516453
- Kristof, N. D. (2006). Hitting Brothel Owners Where It Hurts. *New York Times*, 155(53469), A21-A21.
- Kristof, N. D. (2011). What About American Girls Sold on the Streets? *New York Times*, 160(55385), 10.
- Lama, P. (2014). Women Empowerment in India: Issues and Challenges. *International Journal of Multidisciplinary Approach & Studies*, 1(6), 387-399.
- Orlinsky, K. (2013). Women, Bought and Sold in Nepal. *New York Times*, 162(56246), 6-7.
- Patel, R. (2013). THE TRAFFICKING OF WOMEN IN INDIA: A FOUR-DIMENSIONAL ANALYSIS. *Georgetown Journal of Gender & the Law*, 14(1), 159-187.
- Polaris.com. (2016). Sex trafficking in the U.S.: A closer look at U.S. citizen victims. <http://polarisproject.org/sex-trafficking>
- Rao, S. (2011). Work and Empowerment: Women and Agriculture in South India. *Journal of Development Studies*, 47(2), 294-315. doi: 10.1080/00220388.2010.506910
- Rao, S., Vlassoff, C., & Sarode, J. (2014). Economic Development, Women's Social and Economic Empowerment and Reproductive Health in Rural India. *Asian Population Studies*, 10(1), 4-22. doi: 10.1080/17441730.2013.840083
- Sangeetha, Bahal, R., Singh, P., & Venkatesh. (2013). Impact of NGO-led self-help groups on the empowerment of rural women – experiences from South India. *Outlook on Agriculture*, 42(1), 59-63.
- Sarkar, S. (2014). Rethinking Human Trafficking in India: Nature, Extent and Identification of Survivors. *Round Table*, 103(5), 483-495. doi: 10.1080/00358533.2014.966499
- Sarkar, S. (2015). Trade in Human Beings: Evidence of Money Laundering From Sex Trafficking in India and the UK. *Journal of Transnational Management*, 20(2), 107-125. doi: 10.1080/15475778.2015.1038948
- Silverman, J. G., Decker, M. R., Gupta, J., Maheshwari, A., Patel, V., Willis, B. M., & Raj, A. (2007). Experiences of sex trafficking victims in Mumbai, India. *International Journal of Gynecology & Obstetrics*, 97(3), 221-226. doi: 10.1016/j.ijgo.2006.12.003
- Subramaniam, M. (2012). Grassroots groups and poor women's empowerment in rural India. *International Sociology*, 27(1), 72-95. doi: 10.1177/0268580911423044
- Ting, H.-L., Ao, C.-K., & Lin, M.-J. (2014). Television on Women's Empowerment in India. *Journal of Development Studies*, 50(11), 1523-1537. doi: 10.1080/00220388.2014.896456
- Torri, M. C., & Martinez, A. (2014). Women's empowerment and micro-entrepreneurship in India: Constructing a new development paradigm? *Progress in Development Studies*, 14(1), 31-48. doi: 10.1177/1464993413504347
- United Nations Office on Drugs and Crime (UNODC). (2009). Global report on trafficking in persons. Retrieved from: http://www.unodc.org/documents/Global_Report_on_TIP.pdf
- US Dept of Homeland Security. (2016). Blue Campaign. One Voice. One Mission. End human trafficking. <https://www.dhs.gov/blue-campaign>
- US Dept of State (2016). Trafficking in Persons Report. Retrieved from <http://www.state.gov/documents/organization/258876.pdf>